



DAY ONE

NATIONAL ZOO AND AQUARIUM

See lions, giraffes, bears, sharks and more at Australia's only combined zoo and aquarium. Hand feed lions or meet a cheetah on special tours.

www.zooquarium.com.au

Fee applies

NATIONAL MUSEUM OF AUSTRALIA

Discover stories of unique Australians set in stunning architecture.

www.nma.gov.au

Free admission

AUSTRALIAN WAR MEMORIAL

Commemorate the commitment, camaraderie and sacrifice of Australians in war.

www.awm.gov.au

Free admission

BLACK MOUNTAIN TOWER

See 360-degree views of Canberra and the surrounding area from the 195m tower.

www.blackmountaintower.com.au

Fee applies

AUSTRALIAN NATIONAL BOTANIC GARDENS

Walk among some 90,000 native plants from across Australia in beautiful and tranquil gardens.

www.anbg.gov.au

Free admission

For more information go to www.noleavenolife.com





DAY TWO

COCKINGTON GREEN GARDENS

Walk through a world in miniature in beautiful landscaped gardens.

www.cockingtongreen.com.au

Entry fee applies

AUSTRALIAN INSTITUTE OF SPORT

Celebrate Australia's sporting culture. Tour with an elite athlete and test your athletic skills in the Sportex exhibition.

www.ausport.gov.au/ais/visit

NINETY-MINUTE PUBLIC TOURS DAILY

Fee applies

QUESTACON – THE NATIONAL SCIENCE & TECHNOLOGY CENTRE

Questacon makes science fun! Discover science in everyday life.

www.questacon.edu.au

Entry fee applies

AUSTRALIAN WAR MEMORIAL

Commemorate the commitment, camaraderie and sacrifice of Australians in war.

www.awm.gov.au

Free admission

For more information go to www.noleavenolife.com





DAY THREE

MORNING BALLOON FLIGHT

Rise early for delightful views of Canberra.

<http://www.canberraballoons.com.au> or <http://www.dawndrifters.com.au>

Fee applies

LAKE CRUISE

Cruise Lake Burley Griffin for an insight into the history, culture and ecology of the National Capital.

www.csc.com.au

Fee applies

STROMLO FOREST PARK

Ride trails that determine world champions with cycling circuit, running track, equestrian and mountain bike trails.

www.stromloforestpark.com.au

Free admission

TIDBINBILLA NATURE RESERVE

Walk among native animals roaming their natural habitat.

www.tams.act.gov.au/play

Fee applies

For more information go to www.noleavenolife.com





DAY FOUR

NATIONAL PORTRAIT GALLERY

Marvel at Australians who have shaped and continue to shape our nation.

www.portrait.gov.au

Free admission

NATIONAL GALLERY OF AUSTRALIA

Experience Australia through artist's eyes. See world-class exhibitions and explore the sculpture garden.

www.nga.gov.au

Free admission

HIGH TEA AT THE HYATT HOTEL CANBERRA

Indulge in a memorable high tea in elegant surrounds.

www.canberra.park.hyatt.com

Fee applies

PARLIAMENT HOUSE

Visit one of the world's most acclaimed buildings. Watch parliamentarians in action at Question Time on sitting days.

www.aph.gov.au

Free admission

For more information go to www.noleavenolife.com





DAY FIVE

BURNELEE EXCURSIONS ON HORSEBACK

Experience the beauty of the bush by horse.

<http://www.burnelee.com.au/>

Fee applies

POACHERS PANTRY – RESTAURANT & VINEYARD

Dine at Smokehouse Cafe for smoked delicacies. Taste their Wily Trout wines.

www.poacherspantry.com.au

CSIRO DISCOVERY

Don a lab coat to conduct real experiments, make faces at the facial recognition software and feel the strange sensations of 3D cinema.

<http://www.csiro.au/places/Discovery.html>

Entry fee applies

CANBERRA GLASSWORKS

See artists at work, learn about working with glass and make your own glass art.

www.canberraglassworks.com

Free admission