



Program Overview

With critical ramifications for business, individuals and the Australian economy, annual leave stockpiling has become one of the hottest workplace issues. As the financial liability of business grows and the health and wellbeing of employees suffers, broader industries such as domestic tourism are also struggling.

Full-time Australian employees have built up a staggering 123 million days and \$33.3 billion of stockpiled annual leave. Research shows that no matter the size or nature of the business, annual leave stockpiling is an entrenched workplace issue that needs to be moved up the business agenda.

Introducing No Leave, No Life

Research shows that despite society's increased understanding of the benefits of achieving work/life balance, this knowledge is rarely acted on in the workplace.

No Leave, No Life is a program which has been developed to give employees and employers the tools to encourage planning and taking leave and also a range of travel offers to help them take a break in Australia.

No Leave, No Life provides employees and employers with an understanding of:

- The essential facts about the benefits to all parties in the work place of taking leave
- The negative health and financial affects that result from not taking leave
- The barriers and pressures that employees and employers feel that stop them tackling the issue
- Strategies to help employees and employers work together to overcome these issues

Key Elements

The No Leave, No Life website (noleavenolife.com) offers employees and employers important information and practical tools to support them in taking and planning leave.

Employer Toolkit

A simple and practical 3 step training module which helps employers:

- Understand the very real negative impact of not taking leave on businesses and their employees
- Understand the factors influencing both employee and employer attitudes to taking leave
- Implement strategies to encourage taking leave
- Understand requirements for the successful implementation of these strategies in their workplace

Collateral & Communication Support

A suite of specifically designed materials to help promote and support the take up of leave in a fun and compelling manner, including:

- Posters
- Photo-wall
- Computer screen-covers
- Out of office templates
- Handover note templates
- Desktop wallpapers and screensavers
- Planning tools

Travel Ideas & Tips

- A range of easy to use tools to make it simpler for employees to take a break in Australia
- A range of Australian travel experiences and offers

More Information

For further information on the program, please visit noleavenolife.com or email noleavenolife@tourismaustralia.com

